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THE 4-H CLUBS

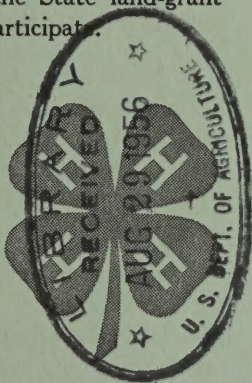
What Are They?

The 4-H Clubs are organized groups of young people who are engaged in farming, homemaking, or community activities under the guidance of cooperative extension workers and local volunteer leaders trained by them.

Any boy or girl between the ages of 10 and 21 years who agrees to "learn to do by doing" may enroll. The group elects its own officers, plans and conducts programs based on the needs and interests of the young people, holds regular meetings, and takes part in community activities. There are 4-H Clubs in practically all counties of every State, and in Alaska, Hawaii, and Puerto Rico.

4-H Club work is a part of the national system of cooperative extension work in agriculture and homemaking, in which the United States Department of Agriculture, the State land-grant colleges, and the counties participate.

4-H has helped to develop 10,000,000 young citizens since its beginning. The program is helping to increase farm incomes, improve standards of living, increase the satisfactions from community life, and prepare young people for the world ahead.



Objectives

The distinctive educational objectives in 4-H Club work are:

HEAD.—To instill in the minds of rural young people an intelligent understanding and appreciation of nature and the environment in which they live.

To teach young people the value of research and to develop in them a scientific attitude toward the problems of the farm and the home.

HEART.—To train rural young people in cooperative action to the end that they may increase their accomplishments and through associated efforts better assist in solving rural problems.

To help rural young people to develop desirable ideals and standards for farming, homemaking, community life, and citizenship, and a sense of responsibility for their attainment.

HANDS.—To afford rural young people technical instruction in farming and homemaking, that they may acquire skill and understanding in these fields and a clearer vision of agriculture as a basic industry, and of homemaking as a worthy occupation.

To provide rural young people an opportunity to "learn by doing" through conducting certain farm or home enterprises and demonstrating to others what they have learned.

HEALTH.—To develop in rural young people habits of healthful living, to provide them with information and direction in the intelligent use of leisure, and to arouse in them worthy ambitions and a desire to continue to learn, that they may live fuller and richer lives.

Ten 4-H Guideposts

These guideposts are used by cooperative extension workers and local leaders to aid 4-H members in analyzing their own situations, needs, and interests so they may build programs that will help to prepare them for citizenship, physically, mentally, and spiritually by—

1. Developing talents for greater usefulness.
2. Joining with friends for work, fun, and fellowship.
3. Learning to live in a changing world.
4. Choosing a way to earn a living.
5. Producing food and fiber for home and market.
6. Creating better homes for better living.
7. Conserving nature's resources for security and happiness.
8. Building health for a strong America.
9. Sharing responsibilities for community improvement.
10. Serving as citizens in maintaining world peace.

Meaning of the Four H's

The expression "4-H" used in connection with these clubs, typifies the training of head, heart, hands, and health which the club program provides.

The national 4-H emblem is a four-leaf clover, with a letter "H" on each leaf.

The National 4-H Pledge

"I pledge—

My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service,

My Health to better living,

for my club,

my community,

and my country."

For Information About the 4-H Clubs

See a local 4-H Club leader or write to your county extension agent, to the director of cooperative extension work at your State college of agriculture, or to the Extension Service, United States Department of Agriculture, Washington 25, D. C.



